

Unit 2: Self-Management

Kindergarten | Observational Checklist

Student(s): _____ Date: _____

DIRECTIONS:

Observe the following skills during a conversation, play, or lessons with your student or between your student and peers. Administer before and after completing a unit. This is not intended to be a formal assessment or evaluation but to provide a benchmark for progress monitoring in comparison to the SEL Learning Standards.

STUDENT GOAL: Develop self-management skills to achieve school and life success and develop positive relationships with others.

LEARNING STANDARD: Demonstrate skills related to successful personal, and school, outcomes.

Objective	Always	Often	Sometimes	Rarely	Never	Notes/Impressions:
Student exhibits eagerness and curiosity as a learner.						
Student can make choices for play activities regularly and follow through with self-direction and independence.						
Student can independently demonstrate coping skills and calmness in challenging moments.						
Student regularly exercises self-control and delays gratification.						
Student can maintain a positive attitude and use positive self-talk when faced with a challenge.						

Comments: _____

Instructional Planning: Lessons to choose in meeting student objectives.

ES MATERIALS:

- Grade K, Unit 2, Lessons 5-8
- Grade K, Unit 3, Lessons 11-12

KEY TERMS: Self-Talk, Positive, Growth Mindset, Kind, Unkind, Problem Solve