



Making Eye Contact Comfortably

Name: _____

Date: _____

1 We send messages to others just by using our _____, including our eyes, arms, and faces.

2 People usually use eye contact during a conversation to show they are....



A Interested



B Upset



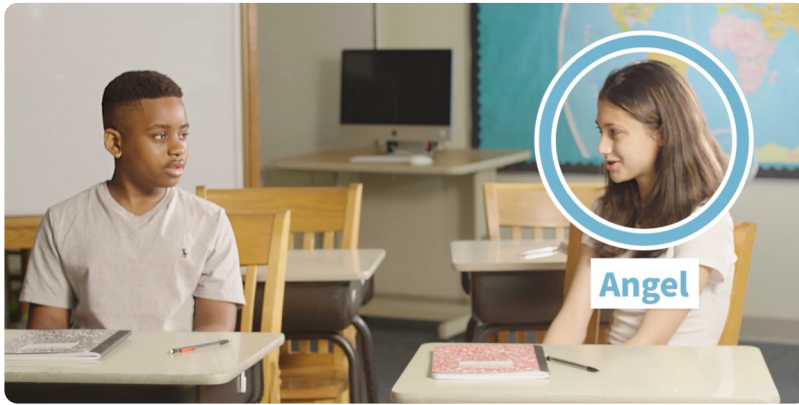
C Discouraged

3 If using eye contact feels uncomfortable, we can use...

- A Switching Tracks
- B Visual Referencing
- C Tuning In
- D Thinking Positive

4 **True or False.** It's okay to take breaks looking at a person when talking to them.

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How did Angel use visual referencing to help her know if Bruno was interested or not in the conversation?
