

Unit 3: Social Awareness

Grade 8 | Pre-Assessment

Name: _____ Date: _____

Student Directions: Circle the **BEST** answer.**1** What is one way to set healthy boundaries with social media?

- A Spend at least 2 hours per day on your phone
- B Look at social media every time you feel bored
- C Set daily or weekly screen limits
- D Write posts that show how happy you are

2 True or False: Public speaking anxiety affects over 50% of the population.

- A True
- B False

3 What is a strategy that builds more confident public speakers?

- A Rehearsing your speech or presentation
- B Visualizing success
- C Using deep breathing exercises
- D All of the above

4 How can a person be a leader and make an impact in their community?

- A Through community engagement
- B By avoiding their civic duties
- C By doing the bare minimum
- D None of the above

5 Fill in the blank: It's a basic human need to _____.

- A be entertained
- B belong
- C make money
- D None of the above

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