

Unit 3: Social Awareness

Grade 8 | About This Unit

Social Awareness places importance on how we promote kindness and equity and how we value and treat others, especially others who may be different from us.

After completing these lessons, students should be able to:

- ✓ Set healthy boundaries related to social media use
- ✓ Apply strategies to reduce feeling of stress related to public speaking
- ✓ Demonstrate cooperation and teamwork to promote group effectiveness
- ✓ Identify the characteristics of a leader
- ✓ Analyze how one's behavior may affect others

Tips for Parents and/or Guardians

1. Discuss and model healthy boundaries related to social media use at home.
2. Create opportunities for your child to demonstrate leadership at home. Offer encouragement and support if they express a desire to get involved in their community.



Source: CASEL Teaching Activities to Support the Core Competencies of SEL—August 2017