

# Unit 4: Relationship Skills

Grade 12 | Pre-Assessment

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Student Directions: Circle the **BEST** answer for each of the following questions and statements.

**1 Boundaries are...**

- A a person's internal threshold for stress.
- B the limits we set in relationships to protect ourselves.
- C societal rules we follow.
- D a way of shutting out other people.

**2 True or False: When boundaries are present in a relationship, it always leads to feelings of anger and resentment.**

- A True
- B False

**3 A good teammate is NOT...**

- A a passive participant.
- B collaborative.
- C trustworthy.
- D A and C

**4 Gestures, eye contact, and facial expressions are all examples of...**

- A enunciation.
- B collaboration.
- C non-verbal communication.
- D tone of voice.

**5 What is NOT a conflict style?**

- A Competitive
- B Avoidant
- C Collaborative
- D Verbal