Lesson 15: The Art of Communication

Grade 12 | Unit 4

GUIDING QUESTION:

What strategies can you use to effectively communicate your thoughts and opinions to others?

Lesson Objectives

Students will complete the following exercises to answer the lesson's guiding question.



Learn: The Art of Communication Video Lesson



Discuss: DEBATE -

POV 1: Verbal communication is more effective than nonverbal communication

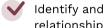
POV 2: Nonverbal communication is more effective than verbal communication.



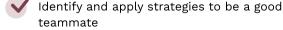
Reflect: The Art of Communication Activity

Student Objectives

After completing Unit 4, students should be able to:



Identify and apply strategies to set healthy relationship boundaries



Understand the importance and value of effective communication

Understand the difference between avoidance, compliance, negotiation

Competency and Standard

CASEL Competency

• Relationship Skills - The ability to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups.

Learning Standard and Benchmarks

- · Recognize the feelings and perspectives of others.
 - · Demonstrate how to express understanding of those who hold different opinions
 - · Demonstrate ways to express empathy for others

Key Terms

Verbal Communication

Nonverbal Communication

Community Engagement

Unit Theme: Acts of Kindness

Research shows that small, consistent acts of kindness can create a significant impact on our lives and those around us. In addition to showing kindness to others, it is also important to show kindness to ourselves.



Have your students brainstorm 5-10 ways they can show kindness to others and 5-10 ways they can show kindness to themselves.



Lead a class discussion on what initiatives you can do as a class to spread kindness in your school.