

# Lesson 15: The Art of Communication

Grade 12 | Unit 4

## GUIDING QUESTION:

What strategies can you use to effectively communicate your thoughts and opinions to others?

## Lesson Objectives

Students will complete the following exercises to answer the lesson's guiding question.

- ✓ **Learn:** The Art of Communication Video Lesson
- ✓ **Discuss:** DEBATE -  
**POV 1:** *Verbal communication is more effective* than nonverbal communication  
**POV 2:** *Nonverbal communication is more effective* than verbal communication.
- ✓ **Reflect:** The Art of Communication Activity

## Student Objectives

After completing Unit 4, students should be able to:

- ✓ Identify and apply strategies to set healthy relationship boundaries
- ✓ Identify and apply strategies to be a good teammate
- ✓ Understand the importance and value of effective communication
- ✓ Understand the difference between avoidance, compliance, negotiation

## Competency and Standard

### CASEL Competency

- Relationship Skills - The ability to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups.

### Learning Standard and Benchmarks

- Recognize the feelings and perspectives of others.
  - Demonstrate how to express understanding of those who hold different opinions
  - Demonstrate ways to express empathy for others

## Key Terms

Verbal Communication

Nonverbal Communication

## Community Engagement

### Unit Theme: Acts of Kindness

Research shows that small, consistent acts of kindness can create a significant impact on our lives and those around us. In addition to showing kindness to others, it is also important to show kindness to ourselves.

- ✓ Have your students brainstorm 5-10 ways they can show kindness to others and 5-10 ways they can show kindness to themselves.
- ✓ Lead a class discussion on what initiatives you can do as a class to spread kindness in your school.