

Unit 4: Relationship Skills

1 page

Grade 12 | About This Unit

Relationship Skills focus on developing the interpersonal skills needed to establish, and maintain, positive relationships.

After completing these lessons, students should be able to:

- ✓ Identify and explain how to set relationship boundaries
- ✓ Give examples of behaviors of good teammates in a professional setting
- ✓ Analyze and use various communication skills across school, friendships, and work
- ✓ Explain positive and negative ways to respond to and cope with conflict

Tips for Parents and/or Guardians

1. Talk to your child about the strategies they can utilize to successfully and positively resolve conflicts that arise with friends and family. Model what it looks like to use healthy conflict resolution skills.
2. Encourage your child to foster and grow healthy relationships with their friends and family by identifying strategies that they feel comfortable and confident using.



Source: CASEL Teaching Activities to Support the Core Competencies of SEL—August 2017