



Restaurant Rules

The Restaurant Rules help us know how to act when we eat a meal with others. After they have practiced this new skill, remind learners to use their Self-Controller, Hygiene, and Manners.

Skills



Self-Controller

- Keep body and movements calm
- Stay positive
- Keep calm emotions



Hygiene

- Use napkins
- Wash your hands before eating
- Don't touch others' food



Manners

- Use polite behaviors
- Don't talk with your mouth full
- Excuse yourself if you have to get up

