



# Think It or Say It

Before we speak, we decide if our thoughts are nice to say, or could hurt others' feelings and should be kept as thoughts. Our learners benefit from cues like, "Should you think it or say it?"



## Think It

- Insults
- Negative comments
- Disrespectful opinions
- Prying or really personal questions
- Comments about politics, religion, or race



## Say It

- Helpful thoughts
- Positive comments
- Opinions in a respectful way
- General questions
- Compliments

