

Act Like You're Interested

It's okay to think something is boring, but it's not okay to show it. Acting bored hurts feelings, and others' feelings are more important than our interest level.

Did you know that each pumpkin has about 500 seeds?

I'm not really interested in pumpkins. But if I act bored, it will hurt her feelings.



Show interest with body language and facial expressions:

- Make eye contact
- Use an enthusiastic tone of voice
- Nod along

Keep the conversation going with questions, comments, or compliments.

Cool! I didn't know that! Did you pick some pumpkins this year?

I did with my family! The pumpkins we picked were enormous!