

Everyday Speech Alignment With the Texas Model for Comprehensive School Counseling Programs

[The Texas Model for Comprehensive School Counseling Programs](#) provides a clear framework for building and improving school counseling programs that align with state standards. The framework promotes holistic student support in the areas of intrapersonal and interpersonal development, personal safety, wellness, and post-secondary planning, and it calls for close collaboration between counselors and classroom educators to enhance the academic, social, and emotional growth for the diverse students that they serve.

1. **Guidance Curriculum**
2. **Individual Planning**
3. **Responsive Services**
4. **System Support**

Service Delivery Components	Purpose	Everyday Speech Alignment
<p>Guidance Curriculum</p>	<p>A guidance curriculum is a structured sequence of developmental lessons that support students in building essential academic, career, and personal/social skills.</p> <p>In Texas, these lessons are a core component of a K–12 school counseling program and cover a wide range of relevant topics, and relate to counselors being able to help all students build transferable skills for their educational, career, personal, and social growth.</p>	<p>The Everyday Speech curriculum offers ready-to-implement lessons for Pre-K through 12th grade that support the development of social, behavioral, and communication skills aligned with the four content areas of the Texas Model for Comprehensive School Counseling Programs.</p> <p>For each content area, the curriculum includes structured lessons and interactive activities that span primary, intermediate, middle/junior high, and high school levels, ensuring developmentally appropriate instruction across all grade bands.</p> <p>Everyday Speech also helps school counselors support students across all tiers of intervention while maintaining alignment with counseling goals, expectations, and competency indicators. Because students are at different developmental stages, goal achievement may look different at each level.</p>

Guidance Curriculum
(continued)

The Texas guidance curriculum focuses on four key content areas:

- Intrapersonal Effectiveness
- Interpersonal Effectiveness
- Post-Secondary Education and Career Readiness
- Personal Health and Safety

The following outlines how the Everyday Speech curriculum addresses each of the four content areas across PreK–12 education:

Intrapersonal Effectiveness

- ✓ Positive student self-concept
- ✓ Effective executive functioning skills
- ✓ Appropriate behavior to the situation and environment

Interpersonal Effectiveness

- ✓ Effective interactions with diverse populations
- ✓ Effective and appropriate communication skills
- ✓ Recognition of personal boundaries, individual rights and privacy needs of others
- ✓ Effective conflict resolutions skills
- ✓ Development of healthy relationships

Post-secondary Planning and Career Readiness

- ✓ Motivation to succeed in personal endeavors
- ✓ Demonstration of career exploration skills
- ✓ Possession of the knowledge and skills to gather information for the purpose of postsecondary education and career planning
- ✓ Demonstration of awareness of the importance of postsecondary education
- ✓ Understanding of the relationship of academics to the world of work and to life at home and in the community

Personal Health and Safety

- ✓ Incorporation of wellness practices into daily living
- ✓ Demonstration of resiliency and positive coping skills
- ✓ Possession of assertiveness skills necessary for personal protection

<p>Responsive Services</p>	<p>School counselors intervene on behalf of any student whose immediate personal concerns or problems relate to preventive, remedial, or crisis situations.</p> <ul style="list-style-type: none"> - Preventive: Early support to help students make healthy decisions and manage potential challenges before they escalate. - Remedial: Address existing issues by helping students develop coping strategies and improve decision-making. - Crisis: Provide immediate, urgent support in response to critical incidents. 	<p>The Everyday Speech curriculum provides:</p> <ul style="list-style-type: none"> ✓ Preventive: Week-by-week curriculum designed for whole-class instruction, focusing on prevention and proactive strategies to build a structured, inclusive, and engaging learning environment ✓ Remedial: Our curriculum includes resources for supplemental, small-group support that are designed to bridge learning gaps, build self-regulation, and address social and behavioral challenges ✓ Crisis: Our progress monitoring resources can be used to inform data-driven, 1:1 interventions that are tailored to the unique needs of students who have not responded to earlier interventions
<p>Individual Planning</p>	<p>Support all students in planning, monitoring, and managing their educational, career, personal, and social development.</p> <p>Use staff, resources, and activities to support students in developing and implementing personalized plans through individual or group meetings.</p>	<ul style="list-style-type: none"> ✓ Everyday Speech’s streamlined digital tools support efficient planning and delivery of small-group interventions. ✓ Aligned skill domains across Tiers 2 and 3 promote consistency and continuity of support. ✓ IEP-aligned lessons and goal bank help educators create targeted objectives and select materials tailored to individual student needs.
<p>System Support</p>	<p>Involves program management and services that indirectly benefit students through data, accountability, and overall program effectiveness.</p>	<ul style="list-style-type: none"> ✓ Tier 1: Pre- and post-assessments, including observational checklists (young learners) and multiple-choice assessments (older students), provide data-driven insights into student growth. ✓ Tiers 2 & 3: Built-in progress monitoring tools track real-time student growth and support data-informed instructional decisions.