

Everyday Speech Alignment with the State of Texas Assessments of Academic Readiness (STAAR)

Everyday Speech’s social skills curriculum is a powerful complement to the [State of Texas Assessments of Academic Readiness](#) (STAAR®). Since every STAAR question is directly aligned with the Texas Essential Knowledge and Skills (TEKS), student success depends not only on academic content but also on the ability to apply that knowledge through strong social, communication, and behavioral skills.

Everyday Speech reinforces these essential foundations by delivering evidence-based video modeling lessons that build self-regulation, problem-solving, and interpersonal competencies. By integrating these lessons into core instruction, educators can foster more engaged, confident, and resilient learners who are fully equipped to excel on STAAR and beyond.

STAAR Test	Knowledge & Skills Tested	Everyday Speech Alignment
Reading Language Arts	Making inferences, understanding character motivations, summarizing text, analyzing dialogue.	Perspective-taking and understanding emotions through video modeling improve inference and narrative comprehension. Conflict resolution lessons help students decode character actions and motives.
	Composing cohesive texts, using correct grammar, writing persuasively or informatively.	Communication lessons improve structure, clarity, and purpose in language. Students see modeled examples of organized thought and logical flow in social exchanges.
Mathematics	Applying math reasoning, showing work, persisting through multi-step problems.	Executive functioning strategies (e.g., step-by-step planning, flexible thinking) are directly taught. Growth mindset and coping with frustration lessons support math stamina and confidence.
Science Social Studies	Explaining, justifying, discussing cause and effect, collaborating in inquiry.	Lessons on discussion norms, active listening, and turn-taking enhance classroom discourse and group activities in science/social studies.

Why Everyday Speech Should Be Part of STAAR Preparation

Academic readiness is more than content knowledge. While the STAAR assesses academic skills, a student’s ability to access and apply that knowledge is deeply influenced by:

- Self-regulation (e.g., managing test anxiety, staying focused)
- Goal setting and persistence (e.g., completing multi-step problems)
- Active listening and questioning (essential during classroom instruction and peer collaboration).

Stronger skills can reduce test anxiety and improve confidence. Students who’ve practiced emotion regulation, positive self-talk, and mindfulness or calming strategies are better equipped to approach a standardized test like STAAR with focus and confidence.

Everyday Speech drives strong student engagement with interactive, age-appropriate content like videos, games, and activities that appeal to diverse learners. Over 80% of users report high levels of student engagement, underscoring the platform’s effectiveness in building social, behavioral, and communication skills through active participation (research conducted between September - December 2024).